

JUDIE BYRD'S KITCHEN - AUGUST BROADCAST MONTH

July 26 - August 29, 2010

ALL TIMES EASTERN

Air Date @ 1230pm	Air Date @ 12pm	Date for Repeat Airing @ 330A	Date for Repeat airing @ 8P	Date for Repeat airing @ 830P	Program #	Title	Synopsis
Monday - July 26th		Tuesday - July 27th		Sunday -August 1st	39C	A Taste of Narnia	Add spunk to your menu with Judie Byrd's Kitchen. Broadcasting from the heart of Texas, Judie Byrd delivers great recipes for families on the go. Get your family back to the dinner table with these great-tasting, healthy meals that take less time.
Tuesday - July 27th		Wednesday - July 28th			01C	20 Minute Meals	Join Judie Byrd each week as she helps you make great meals without stress. "Judie Byrd's Kitchen" will inspire you to bring your family back to the dinner table with 20 minute meals.
Wednesday - July 28th		Thursday- July 29th			02C	More Super Suppers	Judie's famous "Super Suppers"..most delectable recipes to bring your family back to the dinner table.
Thursday- July 29th		Friday - July 30th			03C	Cozy Meals	Join Judie Byrd each week as she helps you make great meals without stress. "Judie Byrd's Kitchen" will inspire you to bring your family back to the dinner table with cozy meals.
Friday - July 30th		Saturday - July 31st			04C	Slow Cooker Recipes	Don't have time to cook all day but want a "home-made" meal? Join Judie for these fabulous meals you can make in the slow cooker.
	Saturday - July 31st		Sunday -August 1st		05C	Desserts	The perfect ending to a wonderful meal...treat your family and yourself to these delicious desserts.

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Monday - August 2nd		Tuesday - August 3rd		Sunday - August 8th	06C	Mexican Fiesta	What is better than Mexican food? A home made Mexican dinner!!! These wonderful recipes will have you saying "Ole!!!"
Tuesday - August 3rd		Wednesday - August 4th			07C	I Can't Cook	Join Judie Byrd each week as she helps you make great meals without stress. "Judie Byrd's Kitchen" will inspire you to bring your family back to the dinner table and show you how easy it is to cook.
Wednesday - August 4th		Thursday - August 5th			08C	Super Supper Recipes	Wonderful ways to reconnect with your family with these easy and tasty recipes.
Thursday - August 5th		Friday - August 6th			09C	Company's Coming	Great recipes that are always appreciated by company...and your family!
Friday - August 6th		Saturday - August 7th			10C	Sunday Dinner	Remember going to Grandmas house for Sunday Dinner? Bring back that tradition with these wonderful recipes.
	Saturday - August 7th		Sunday - August 8th		11C	Italian	Add spunk to your menu with Judie Byrd's Kitchen. Broadcasting from the heart of Texas, Judie Byrd delivers great recipes for families on the go. Get your family back to the dinner table with these great-tasting, healthy meals that take less time.
Monday - August 9th		Tuesday - August 10th		Sunday - August 15th	12C	Deli Chicken Recipes	Want a great meal but don't have the time? Try these wonderful chicken recipes that use a prepared deli chicken. What a time saver!!!
Tuesday - August 10th		Wednesday - August 11th			13C	Outdoor Grilling	In Texas, we grill outdoors almost year round..so we have plenty of recipes to go around. Judie shows us quick and easy recipes to use without heating up the kitchen.
Wednesday - August 11th		Thursday - August 12th			14C	Down Home Favorites	Join Judie in fixing these timeless favorites. Just like Grandma used to make..
Thursday - August 12th		Friday - August 13th			15C	Main Dish Salads	Sometimes we just want something light. Try these main dish salads for a quick and easy change of pace.
Friday - August 13th		Saturday - August 14th			16C	Tailgating	Whether it Friday Night High school or Sundays' Big Game, these recipes will make your tailgating party a hit.
	Saturday - August 14th		Sunday - August 15th		17C	I Still Hate to Cook	Add spunk to your menu with Judie Byrd's Kitchen. Broadcasting from the heart of Texas, Judie Byrd delivers great recipes for families on the go. Get your family back to the dinner table with these great-tasting, healthy meals that take less time.

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Monday - August 16th		Tuesday - August 17th		Sunday - August 22nd	18C	Chef's Secrets	Judie shares some of her favorite secrets to make your meals even better.
Tuesday - August 17th		Wednesday - August 18th			19C	Friday Night Teen Party	Make your house "THE" place to have a party with these teen favorites.
Wednesday - August 18th		Thursday - August 19th			20C	Great Chicken Recipe	Baffled by the bird? Join Judie in finding new ways to cook chicken.
Thursday - August 19th		Friday - August 20th			21C	Regional Favorites	Add spunk to your menu with Judie Byrd's Kitchen. Broadcasting from the heart of Texas, Judie Byrd delivers great recipes for families on the go. Get your family back to the dinner table with these great-tasting, healthy meals that take less time.
Friday - August 20th		Saturday - August 21st			22C	Firestation Cooking	These meals are ready when you are...and fit into your busy schedules.
	Saturday - August 21st		Sunday - August 22nd		23C	Gatherings	Special recipes for those special times when friends and families gather.
Monday - August 23rd		Tuesday - August 24th		Sunday - August 29th	24C	Sleepover at Grandma's House	Quick and easy so you can spend more quality time with the ones you love.
Tuesday - August 24th		Wednesday - August 25th			25C	Easy Fabulous Party Food	It's time to PARTY...wow your guests with these fabulous recipes.
Wednesday - August 25th		Thursday - August 26th			26C	Chocolate!	Need we say more? Favorite chocolate recipes from Judie's own kitchen.
Thursday - August 26th		Friday - August 27th			27C	Easy Fish Recipes	Yummy fish recipes made easy by Judie Byrd.
Friday - August 27th		Saturday - August 28th			28C	Pork loin Recipes	Wondering how to cook "the other white meat"? Join Judie in preparing the wonderful pork loin delights.
	Saturday - August 28th		Sunday - August 29th		29C	Family Night Dinner	Bring the family together with these favorites. Judie shows you how to prepare these family favorites.